

INNER DEVELOPMENT GUIDE COMPACT

„The outside influences the inside,
the inside conditions the outside.“



terra 
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INNER DEVELOPMENT GOALS
Transformational Skills for Sustainable Development



BLENDED LEARNING COURSE FOR MANAGERS

Rapidly advancing climate change, unstable societies and economies, and high overall complexity are creating ever-increasing transformational pressures for companies and their leaders. In order to successfully make the transition to a regenerative way of living and doing business, leaders must be able to be, for the most part, in a sphere of power and trust and think and act from that. To do this, leaders need not only a strategic road-map but also effective „inner“ work. This is what the Inner Development Goals (IDGs) stand for.

This course with experts from Aurum Cordis and the Terra Institute on the IDGs offers both information and experience on working with these inner qualities. It serves not only to avoid an energy-sapping gap between high personal commitment and desired effectiveness, but also offers initial ideas on how working with the Inner Development Goals can support the effective implementation of the SDGs.

PROGRAM

21 hours live in 7 modules with Vera Steisslinger, Jutta Böttcher, and Evelyn Oberleiter

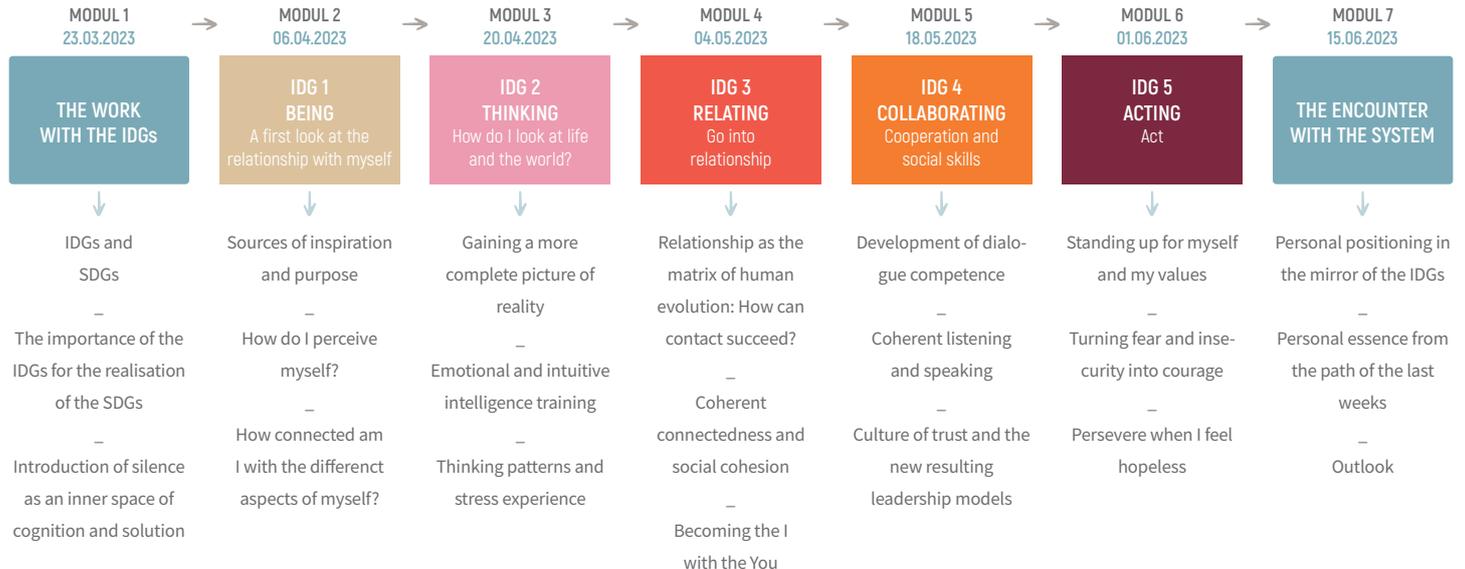
Time period: March 22, 2023 till June 14, 2023

7 modules every Thursday from 5.00 pm till 8.00 pm

Cost: 650,00 € + VAT



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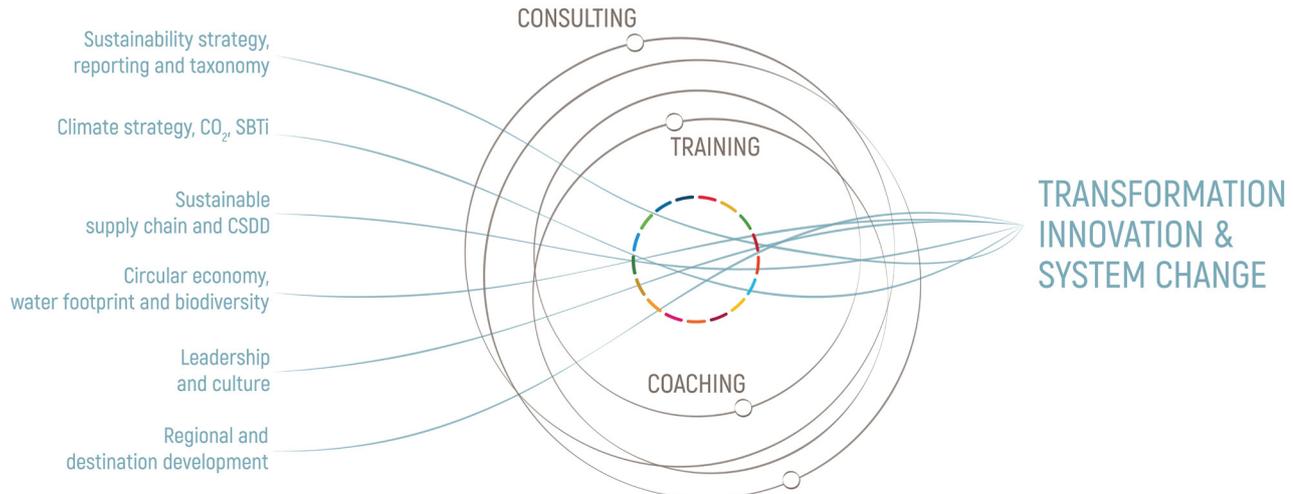


TERRA INSTITUTE

CENTER OF EXCELLENCE FOR BUSINESS INNOVATION AND SUSTAINABILITY

Terra Institute is a center of excellence for the development and implementation of sustainability and innovation in business and society. Through consulting, coaching, training and research, Terra Institute is committed to providing impetus for the development of a new sustainable economy. Individual and organizational awareness is an essential path to truly sustainable and future-oriented entrepreneurship.

We not only accompany and support people on their individual development path, but also companies in their organizational development with their strategic orientation, structures, processes and culture. All of our 40 consultants and trainers make their own specific contribution to achieving this goal.





AURUM CORDIS

COMPETENCE CENTER FOR HIGH SENSITIVITY



Founded in 2008, Aurum Cordis, as Germany's first competence center for high sensitivity, was a pioneer company in the field of perception competence, consciousness development and high sensitivity. It is a matter close to our heart to advise and accompany people in their experience of high sensitivity in such a way that they can develop their fine perceptive ability as a powerful resource and thus place themselves at the service of society.

From this, Aurum Cordis has also developed into a sought-after educational company for people who wish to deepen their personal and professional qualifications in professional fields with a high level of social responsibility. The seriousness and high standard of Aurum Cordis as a training company for Integral (Health) Coaching is based on years of experience in coaching processes as well as on the participation of the company in the testing of a quality development framework (QER) to ensure quality development for consulting in education and profession. (Implementation in cooperation of the National Forum for Guidance e.V. (NFB) with the University of Heidelberg, Institute for Educational Sciences, IBW).

Aurum Cordis now puts the experience of many years of reflection and awareness work at the service of the Inner Development Goals. In empowering people to become effective on the outside out of an inner connection and balance, we see as a crucial, powerful accelerating factor for the implementation of the Sustainable Development Goals.

SPEAKERS



„Sustainability is an expression of an attitude of respect and love for all living things.“



Evelyn Oberleiter

As a pioneer of sustainability, Evelyn Oberleiter founded the Terra Institute 12 years ago together with Günther Reifer, as a consulting company with its focus on sustainability, circular economy & innovation, climate strategies, value development and sense-oriented leadership. Today, Terra Institute has 40 permanent employees and about 15 freelancers in Germany, Austria, Italy and England, primarily serving C-level managers and medium-sized to large companies. It has been a United Nations recognized Center of Excellence for Sustainable Development (RCE) since 2012. In addition to her primary work as an executive coach, which she has been doing for over 20 years, Evelyn Oberleiter is a multiple book author (Sustainable Companies; The Art of Transformation and others), journalist, lecturer, university lecturer and entrepreneur. Her main topics are individual and collective transformation processes, „sustainable“ leadership and organizational culture.

As a trained lawyer and educator, she lives in South Tyrol/Italy with her husband and their two sons.



„I love working with my counterpart to untangle the complex interlocking of inner and outer states so that very individual landscapes of possibility can become visible and tangible.“



Vera Steisslinger

Vera Steisslinger had her first professional base in biomedical research. In the last 15 years, she has been able to expand her experience and work horizon to accompany people who are exposed to high performance and responsibility demands and are looking for meaning in their actions, as well as new perspectives and options for action. As a Terra Certified Partner and in cooperation with Aurum Cordis, she offers high achievers a counterpart for self-reflection and inner development. Her work focuses on perception training, resilience development and burnout prophylaxis, taking into account the latest neuroscientific findings. Vera Steisslinger accompanies people in complex and sometimes crisis situations; in doing so, she draws on a rich experience with body-oriented work, work with inner parts, embodiment and integral coaching.



„We are not human beings who must evolve into spiritual beings; rather, we are spiritual beings who are allowed to remember our origin in order to act from it!“



Jutta Böttcher

Jutta Böttcher, born in 1956, a banker and business graduate, once embarked on her economic path in the conviction that it was precisely the economy that had the power to support and promote major social developments. Growing up as an only child in a medium-sized, North German entrepreneurial family, she breathed a typical Hanseatic understanding of values in dealing with entrepreneurial responsibility from an early age. Nevertheless, many years of disillusionment were to follow before it became possible, with the founding of Aurum Cordis as a competence center for high sensitivity, to become socially effective with this entrepreneurial spirit. In between there were long periods of voluntary social commitment and learning, both in borderline topics and in a training of several years in spiritual guidance, which combined the necessary heart-centeredness with the entrepreneurial attitude. Today Jutta Böttcher lives this in an offer of Guidance, Integral Coaching, spiritual path accompaniment as well as further education in the work for the customers and clients of Aurum Cordis.



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